

## INVERNESS ORIENTEERING CLUB

### SCOTTISH SCORE CHAMPIONSHIPS – ANAGACH 10 SEPTEMBER 2023

#### FINAL DETAILS



INVOC welcomes you to the 2023 Scottish Score Championships. As usual there are three Championship courses.

Course	Age Class	Technical Difficulty	Controls available (max points)	Time Limit
1	M20-35, W21	TD5	36 (630)	70 mins
2	M/W16-18, W20, W35, M/W40-75+	TD5	28 (470)	60 mins
3	M/W14-	TD3	21 (320)	40 mins

There is a penalty of 20 points per minute (or part minute) for exceeding the time limit.

There is also a Yellow course (2.0km), but this is not part of the score competition.

#### Travel directions

##### **Car**

You are all orienteers, so wherever you're coming from you can find your way to Grantown! Therefore the directions here are only for the final part.

*If approaching on A95 from north-east, go straight ahead on to A939 at roundabout immediately after crossing the Spey Bridge. Turn right at traffic lights and continue to north end of the town, and turn right on to B9102 for Grantown Grammar School – but see note about parking below.*

*If approaching on A95 from south-west, turn off A95 on to B9102 at first roundabout, go through town, continuing straight ahead at traffic lights, and turn right on to B9102 for Grantown Grammar School – but see note about parking below.*

*If approaching on A939 from north, turn left at the north end of Grantown on to B9102 for Grantown Grammar School – but see note about parking below.*

*Please do not approach on B9102 from north-east direction.*

##### *Public Transport*

Being a Sunday, public transport options are limited, but buses run from Aviemore at 0836 and 1016 (connections available at Aviemore from Inverness). For full details, return buses and longer journeys see <https://www.travelinescotland.com>.

##### **Parking**

Please share cars as far as possible. Parking spaces at Grantown Grammar School are very limited (31 spaces) but there are free off-street and on-street parking spaces available in the

north part of the town, a few minutes' walk from the school. Parking at locations other than the school will not be supervised so **please park considerately**, especially if on-street, and do not block driveways etc. Key drop available at Granttown Grammar School.



The nearest off-street parking areas away from the school are shown by **P**.

### Registration and download

In Granttown Grammar School. You only need to visit registration before your run to collect hired dibbers or Yellow Couse maps, to enter on the day, or to drop your keys. **All competitors must download after your runs.**

### Toilets

In Granttown Grammar School.

### Entry on day

Very limited entry on day, subject to map availability. EOD entry fees are:

- Senior £13
- Junior/Student £7
- Additional £1 if not an orienteering club member
- Dibber hire £1

## **Punching**

SI punching is used, with SI Air enabled. As the Long course has more than 30 possible controls, some older dibbers will not have capacity to punch all of them. If you expect to have a fast run on the Long course, please ensure that you have a dibber with this capability. (We can update your SI number at Registration if required.)

## **Start**

Start times will be allocated between 1030 and 1300 and notified after entries close. Call-up time at -4 mins. The start is 700m, with no climb, from Grantown Grammar School (approx. 15 mins walk). The route to the start is along the B9102 which, although quiet, is a relatively narrow road with no pavement, and then on a forest track. There will be signs to warn drivers. **Children must be accompanied by adults to the start and back from the finish.**

Clothing can be left shortly before the start, at your own risk. (Note that the wood is used by the public.)

Start lists will be published shortly.

## **Finish**

The finish is close to the start. **Children must be accompanied by adults on the walk back to the Grammar School.** As this is a Score event (except for the Yellow course) finish times should be predictable.

## **Map**

1:10000 with 5m contour interval for all courses. As standard, red crosses are used to show a road which should not be used by competitors and a red line marks a boundary not to be crossed.

Some small areas of out of bounds are shown on the map marking wildlife sensitive areas, but are not marked on the ground. Please keep out of these.

## **Control descriptions**

Printed on front of map and available loose at Start.

## **Terrain**

Anagach is a mature and mostly runnable coniferous forest with heather underfoot, intricate contour detail on fluvio-glacial ridges, a good path network and sizeable crossable marshes. The paths are popular with walkers and mountain bikers. Notices have been placed at entry points to the wood to inform the public of the event.

In the SE corner of the map there has been some heather mowing, creating strips of faster running where there is very short heather but not forming actual paths. These are not mapped.

### **Course closing time**

Controls may begin to be collected after 1415 (i.e. last start + Course 1 time limit + 5mins.)

### **Results**

Results will be on display at Grantown Grammar School and posted on <https://www.invoc.org.uk/> as soon as possible after the event.

### **Trophies**

Trophies will be presented in Grantown Grammar School at approx. 1440. If you are bringing a trophy won last year with you, please hand it in at Registration before your run.

### **Safety**

Competitors take part at their own risk and are responsible for their own safety at all times. Although the forest is relatively sheltered, in the event of bad weather the carrying/wearing of a windproof/waterproof jacket may be required. A whistle should be taken to attract attention in the event of an emergency.

Full leg and torso cover is required and competitors should check their person for ticks as these are present in the area. Any competitor with an existing **high risk medical condition**, please send an email to [davesummers9@outlook.com](mailto:davesummers9@outlook.com) with details, or leave a sealed envelope with your name on the outside, and marked "Confidential", at Registration. This information will be kept confidential & destroyed after the event.

First Aid cover is being provided by qualified members of INVOC.

### **Food and drink**

Several options are available in Grantown.

### **Officials**

Planner: Laurence Cload

Organiser: David Summers

Controller: Rob Parkinson (MOR)

Thanks to Anagach Woods Trust for the use of the forest, Highland Council for use of Grantown Grammar School and to Paul Ovenstone of Black Isle Services for Electrical Safety Testing.