Thanks to all who took part in round 5 of the Northern Night Cup on Craig Dunain on Wedneday night. It was great to see such a good turnout, and I hope it provided you with some entertainment. There are clearly some extremely determined orienteers out there, young and old. Well done to all of you!

The results are up on website, with Routegadget and Winsplits to follow.

Inevitably with these low key events in the dark there are things to reflect upon (sorry) afterwards. The terrain was physical and challenging, and it's not easy to plan 3 courses to cover everyone. With the benefit of hindsight we probably ended up with a long course, a medium course and a short course. The winning times on the Long and Short were however roughly what I had aimed at (sub 40 mins and sub 30 mins respectively). I am also unsure what I did when planning control #3 on the Long and Short - at 4.45pm yesterday I discovered that the tree circled on the map was not the tree I had expected to use and its surrounds were somewhat unfriendly, but by then I was fully committed to using it. My apologies for that. And my apologies to the novice to whom I inadvertently handed a Long map. Invoc believes in value for money.

Thankyous to SI team Jon and Oscar Shepherd; Starters and First Aiders Rhona Fraser and Gilly Kirkwood; Control collectors Alison Matheson, Finlay Raynor, Iain Shepherd, Wullie Nicolson and Steve Scott; Ginger Crunch (By Appointment) Rhona Fraser; and most astonishingly Rona Laird who managed to find my lost car key in the dark on her course!

Alec Keith (Planner/organiser)